

String Bends, Lesson 10: 'Up-Down' Bends

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Ex. 1) Fret the G string at the 7th fret, with your 3rd finger. Place your 1st and 2nd fingers on the same string, on the 5th and 6th frets, to give you more power and control on the string bend. The note you are playing is a D. Pick the string, bend it up a tone to E and release back to D. Only pick the string once.

The image shows musical notation for an up-down bend on the G string. The top staff is in 4/4 time, showing a quarter note on the 7th fret (D) that bends up to E (indicated by a sharp sign) and then returns to D. The bottom staff is a guitar tablature (TAB) showing the 7th fret on the G string, with an arrow labeled 'full' indicating the bend up to E and another arrow labeled '7' indicating the release back to D.

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